

# Plan Your Lifespan

People are living longer. Are you prepared to turn 80, 90, or 100?

[planyourlifespan.org](http://planyourlifespan.org)



Created at Northwestern University by geriatricians, seniors, nurses, social workers, aging services and communication experts, Plan Your Lifespan is a free website to help you plan for health events that happen with age.



Learn valuable information.



Connect to local resources.



Share your plans with family & friends.

## This website will provide information about :



**Hospitalizations**



**Falls**



**Memory loss & Alzheimer's**



**Talking to Others**



**Finances**

