

1 in 3 Americans is a caregiver

The average caregiver is an employed 49 year-old woman whose care recipient has been hospitalized at least once in the past year

Nearly 40% of caregivers are men

The average male caregiver is an employed 48 year-old caring for a 69 year-old woman

Millennials, male and female, now account for almost 25% of caregivers

Family caregivers provide \$459 billion annually in unpaid care to support a loved one. Many provide assistance with normal daily activities (bathing, dressing, feeding, toileting, etc.) and some, in addition, provide a more intense level of care (medication management, medical and nursing tasks, financial management, transportation, etc.). On average, all caregivers report spending 20 hours per week with more intense duties requiring on average of 40 hours per week.

Community Living Resources, LLC

Community Living Resources, LLC is a subsidiary of Aging & In-Home Services of Northeast Indiana, Inc. (AIHS) which has a 40 year history of working with older adults, individuals with disabilities, and their respective caregivers in Northeast Indiana. AIHS served over 57,000 individuals in eastern Indiana in a variety of programs, in Fiscal Year 2014. AIHS has been recognized as a leader in aging services at the local, state and national level. The agency has received a number of awards including: The Excellent Partnership Award from the state of Indiana, Quality Improvement Organization in 2014, the *Greater Fort Wayne Business Weekly* HealthCare Award in 2014, and invitations to serve as "Thought Leaders" for a national project sponsored by the Administration for Community Living, the CDC, and The National Institute on Aging. In addition, a number of AIHS staff have been selected to participate in programs sponsored by the John A. Harford Foundation whose mission is to improve the health of older adults in the United States, and the Geriatric Nursing Leadership Academy, sponsored by Sigma Theta Tau, the international honor society of Nursing.

Business Mission

The mission of Community Living Resources, LLC is to promote optimal health, independence, and dignity for all older adults and persons with disabilities, and to provide their caregivers with assistance to enhance their caregiving experience.

\$25.2 billion

Total Annual Cost of Employed Caregivers' **Lost Productivity**
Gallup-Healthways Well-Being Index 2010

Custom Care services to support the business community and the employed caregiver

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1-800-552-3662

1-260-745-1200, x248

The average cost to employers for fulltime employed caregivers is \$2,110

60% of employed caregivers report making adjustments to work schedule

On average, a caregiver has been providing care for 4 years; intense caregivers have been providing care for 5 years and expect to continue for another 5 years

The average cost to employers for fulltime employed intense caregivers is \$2,441

Military caregivers typically spend more hours per week and more years in the role.

For the employer, caregiving includes costs associated with distraction, workday interruptions, partial absenteeism, absenteeism, crises, supervisor time, unpaid leave, transfer from fulltime to part-time, and staff replacement. The MetLife Caregiving Cost Study: Productivity Losses to U.S. Business, July 2006 reports that 9% of employed caregivers left the workforce as a result of their caregiving responsibilities, and 10% reduced their hours from fulltime to part-time. Partial absenteeism (coming in late, leaving early) is estimated at one hour per week, and workday interruptions are estimated at an additional one hour per week. The study found 10% of male caregivers missed 12 work days per year, and 18% of female caregivers missed 33 days per year.

The employed caregiver needs:

- Accurate & Targeted Information
- Expert Assistance with accessing community services
- Support & Services to reduce the physical and emotional strain

Custom Care

services to support the business community and the employed caregiver

Menu of Services (on-site)

One-on-one consultation with employee	\$90 (60 minutes)
4 Same-day consultation with employees	\$340
Group Presentation (under 25 attendees)	\$135 (60 minutes)
Series of 4 Group Presentations	\$500

Topics: Caregiver 101; Overview of Community Resources for Older Adults, Persons with Disabilities, and their Caregivers; Caring for the Caregiver; Be your Own (or a loved one's) Health Care Advocate; Overview of Medicaid and Medicare as Payment Sources; Advance Care Planning. Other topics available upon request.

Care Consultation can offer support groups, workshops, and resource materials for both your employee who may be a caregiver, and their care recipient. Services can be provided for a specific number of hours at the company site, on a set schedule or an as needed basis.