



FOR IMMEDIATE RELEASE

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Aging & In-Home Services of Northeast Indiana and Allen County Public Library to Host Great Day Café on March 29

Fort Wayne, Ind. – Aging & In-Home Services of Northeast Indiana, Inc. (AIHS) is partnering with the Allen County Public Library (ACPL) to host a *Great Day Café* event on Wednesday, March 29. Adults with memory impairments and their caregivers are invited to come and enjoy activities that enrich the mind, body and spirit in a welcoming and supportive environment. The event begins at 1:30 pm at the Main Library Branch located downtown at 900 Library Plaza in Meeting Room BC.

The Great Day Café aims to help individuals experiencing memory loss and their caregivers to connect, socialize and build new support networks. Those interested in attending can register for the event on the ACPL website beginning Tuesday, February 28th at <https://acpl.libnet.info/event/7721722>.

Attendees will enjoy baseball and spring-themed activities including trivia, music, kite decorating and cornhole. Crackerjacks will be available as a light snack.

“Being social and active is the best medicine for people living with dementia,” says Todd Hunnicutt, Manager of the Family Caregiver Program at AIHS. “Data has found that almost 10% of United States adults aged 65 and older have dementia. We know this population will continue to increase and we pride ourselves in finding new and innovative solutions to help empower both the caregiver and care recipient with the tools they need in order to continue living full, happy and stress-free lives.”

The Great Day Café is free to attend, and all are welcome. This event is the second installment in the series of memory cafés following one held in November last year.

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Aging & In-Home Services of Northeast Indiana, Inc. (AIHS), a federal and state designated Area Agency on Aging (AAA) and Aging & Disability Resource Center (ADRC), is a non-profit community-based organization with a mission to promote dignity, independence, and advocacy for older adults, persons with disabilities and their caregivers. AIHS has gained national recognition as a community leader transforming the traditional social services model into an integrated care model which bridges health care, behavioral health and community services to better serve vulnerable, at-risk populations.