

# Family Caregiver Center

Helping you care for the ones you love



## Support Groups

All groups begin at 1 pm and are held in-person and virtually.

**In-person:** 3003 Lake Avenue, Fort Wayne, IN 46805

**Virtually:** Please RSVP to receive access information.

Meetings may be accessed via phone, computer or tablet.

**April 9, 2025:** Medicaid Waiver & Applying for Medicaid

**April 23, 2025:** Library Resources with the ACPL

**May 14, 2025:** A Day for Mom (ACPL Great Day Café) \*

**May 28, 2025:** Music & Activities

**June 11, 2025:** Bathing & Hygiene

**June 25, 2025:** Safeproofing the Home

**July 9, 2025:** Signs of Caregiver Burnout

**July 23, 2025:** Preventing Elopement

**August 6, 2025:** ACPL Great Day Café \*

**August 13, 2025:** Local Resources

**August 27, 2025:** Quality Respite Time

**September 10, 2025:** Diet & Nutrition

**September 24, 2025:** Sleep

\*Great Day Café events are held at 1:30pm at the ACPL Main Branch (900 Library Plaza, Fort Wayne, IN 46802)

There is no cost to attend sessions. RSVP is required.

### PLEASE RSVP TO:

Valerie O'Brien  
Care Coach  
260-745-1200 ext. 235

### IN-PERSON SESSION:

3003 Lake Ave,  
Fort Wayne, IN 46805



Aging & In-Home Services of Northeast Indiana, Inc. (AIHS) promotes independence, dignity, and advocacy for all older adults and persons with disabilities and their caregivers. As the Area III Agency on Aging, AIHS is the primary resource for aging and disabled populations and the largest funder of services including support for the Council on Aging in the following nine counties:

**Adams, Allen, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells, Whitley**